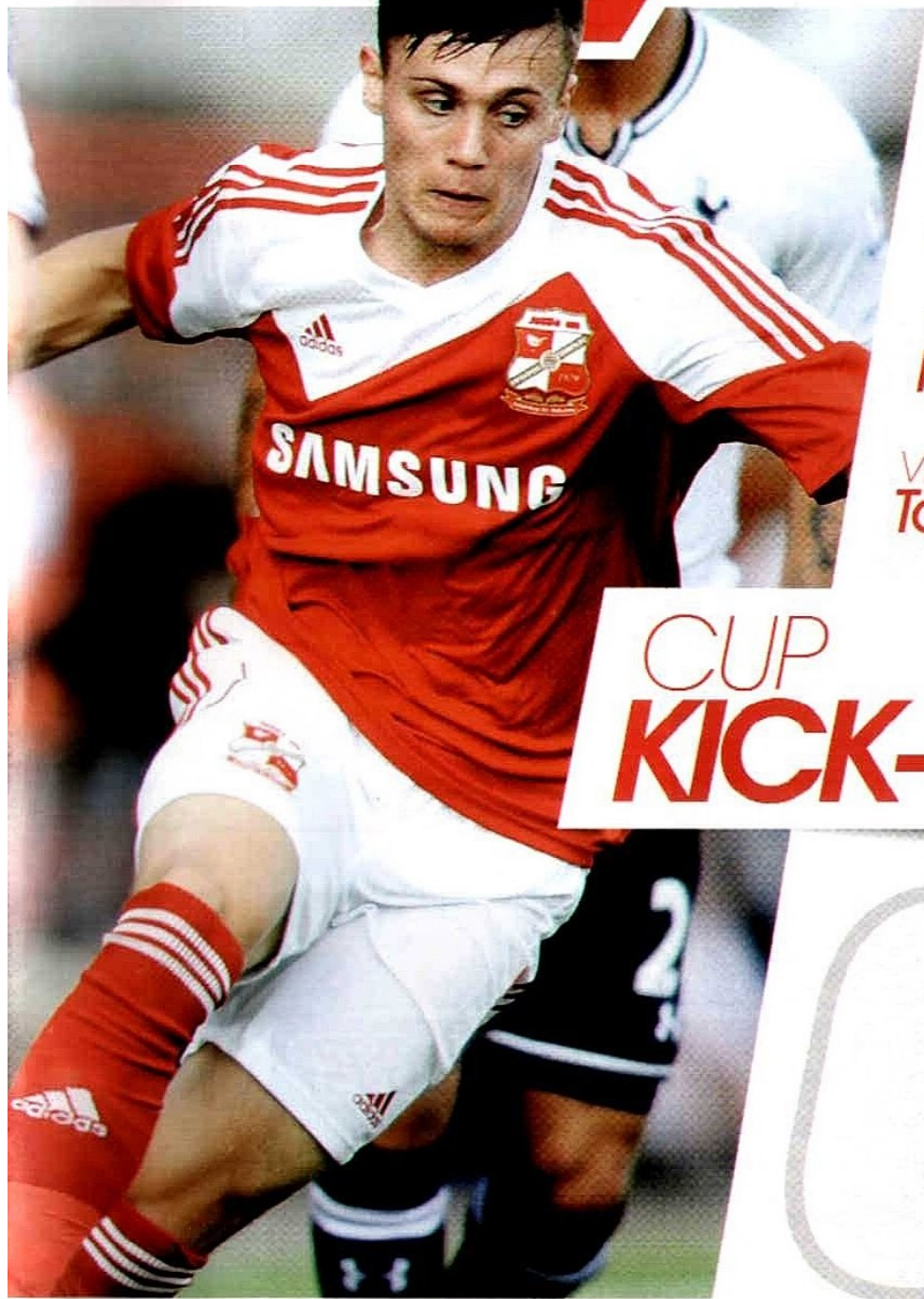


WCOYR



inside:

MARK
Cooper

2013/14
Fixture Poster

VISITORS
Torquay in Town

CUP KICK-OFF

02

vs **TORQUAY UNITED**

Capital One Cup Round 1 • Tuesday 6th August, 2013 • 7.45pm Kick-Off



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MARK COOPER

GOOD evening and welcome to tonight's Capital One Cup first round match against Torquay United.

DESPITE the 1-0 defeat, I thought it was good performance at Peterborough on Saturday. We didn't get what we deserved and I felt we deserved a point. There were some very promising signs from the players that took part and the lads were frustrated because they felt they should have got something out of the game.

I think the longer the group stay together and have a chance to play together the better they will get. At the moment it's a work in progress and the players are all still getting to know each other and still gelling.

Going back to my old stomping ground of London Road I think that the team went out and put a show on. Credit to the lads; at times they cut Peterborough open but we just couldn't find that equaliser. Peterborough would say "they've got a good team" and I think they were pleased they managed to come away with a win.

It will be far from an easy game tonight against our visitors Torquay United. They've signed some experienced players who know League One and they have an experienced manager in Alan Knill. They'll think they've got every chance of causing an upset but if we play how we can and threaten the goal a little more than we did on Saturday



then we've got every chance.

Your support at the weekend was fantastic. The reaction the players got at the final whistle was even spoken about in the dressing room afterwards. They got a standing ovation that you don't see too often after a defeat.

Tonight I would say to you all "be patient". We've got a young

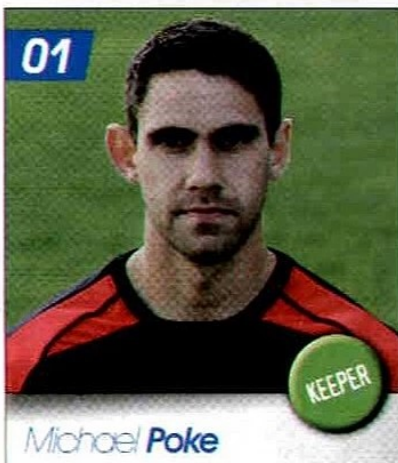
group who need the right backing. Yes, there might be the odd pass that goes astray. Yes, we might have to go backwards sometimes but stick with them like you did on Saturday, get behind them and give it your all.

MARK COOPER
CARETAKER MANAGER

THE PLAYERS



TORQUAY UNITED



Michael Poke

POKE came through the youth system at Southampton before loan spells at Oldham, Northampton and Woking. Secured a loan move to Plainmoor in February 2008 and signed a season-long loan the following summer until an injury curtailed his campaign. He returned to Devon in another loan deal before joining Brighton. After a fruitless spell with the Seagulls, he signed a permanent deal with Torquay in the summer of 2012.



Dale Tonge

A product of the youth system at Barnsley, Tonge made his debut for the Tykes in 2004. He spent four years at Oakwell before a temporary switch to Gillingham. The defender then secured a permanent move to Rotherham United. He would spend the next six years with the Millers before being released by Rotherham at the end of last season. Was snapped up by Alan Knill in the summer.



Kevin Nicholson

NICHOLSON made his professional debut for Sheffield Wednesday in 2000 after graduating from the youth ranks at Hillsborough. The left-back has enjoyed spells at Northampton Town, Forest Green Rovers, Notts County and Scarborough. In the summer of 2007, he made the move south to Torquay and has become a firm fans favourite in his six years at Plainmoor. Has also earned international honours with the England C squad.



Ben Harding

HARDING started life with the original Wimbledon making his debut for the club in November 2003. The midfielder has loan spells with Forest Green Rovers, Aldershot Town and Grays Athletic before signing permanently for the Shots helping them to promotion from the Conference. After four years in Hampshire, Harding has since played for Wycombe and Northampton before putting pen to paper on a deal with Torquay this summer.



Billy Bodin

SON of Swindon legend Paul, Billy graduated from the youth ranks at SN1, making his debut at Dagenham & Redbridge in October 2010. After a brief loan spell at Torquay, Bodin notched his first senior goal against Southend United before scoring a stunning left-foot volley against Crawley at The County Ground. After another loan stint at Crewe Alexandra, the Welsh Under 21 international signed a two-year deal with Torquay last summer.



Courtney Cameron

THE winger represented Northampton Town as a schoolboy but was soon snapped up by Premier League giants Aston Villa where he would go on to graduate from the youth ranks. After a spell in the reserves and with first team opportunities difficult to come by, Cameron spent time at Rotherham United before being snapped up by Torquay boss Alan Knill in the close season.

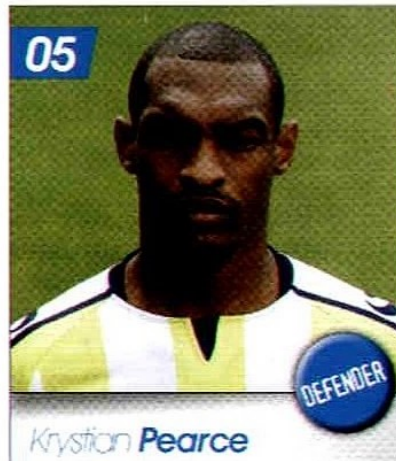
LAST FIVE: LWWWDD

LAST TIME OUT: 1-1 vs AFC Wimbledon



Aaron Downes

DOWNES left his native Australia to sign for Chesterfield and went on to captain the Spireites. The Australian under-23 international spent eight years with the Derbyshire club and had a spell down the M4 at Bristol Rovers before departing. Signed a one-year deal at Plainmoor in July 2012 after impressing whilst on trial. After his first campaign in Devon, he was rewarded with the Player of the Season trophy.



Krystian Pearce

PEARCE came through the ranks at hometown club Birmingham City and in his early career he enjoyed spells with Notts County and Port Vale. While on loan at Scunthorpe he helped the Iron achieve promotion to the Championship via the play-offs. Signed for Huddersfield Town in January 2010. Has latterly been with Notts County and Barnet before signing a two-year deal with the Gulls in July 2013.



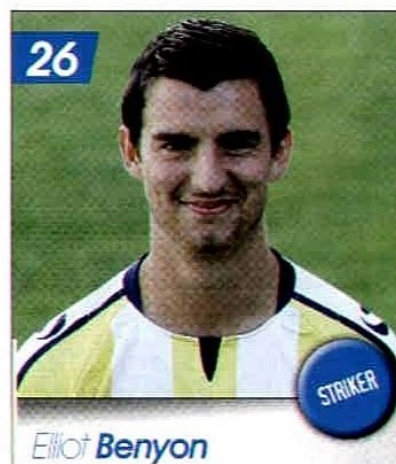
Lee Mansell

MANSELL started his career at Luton Town breaking into the first team as an 18 year-old in 2001. Oxford United was the midfielder's next stop and he was a regular in the campaign that saw The U's relegated from the Football League. Signed for Torquay but couldn't stop the Gulls' relegation. Helped the Devon side back into the Football League. He was given the Captain's armband by manager Paul Buckle and enjoyed a prolific spell under Martin Ling.



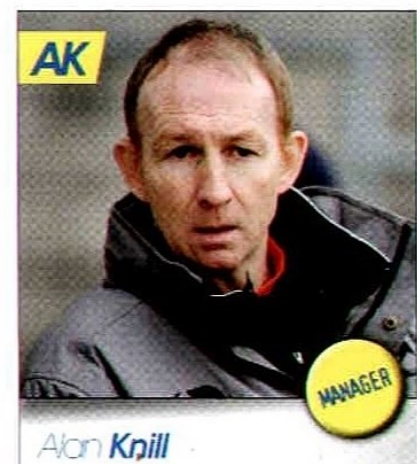
Jordan Chapell

CHAPPELL came through the youth ranks with hometown club, Sheffield United, he went on to make his debut in 2010. Was sent out on loan to Burton Albion in the autumn of 2012 before joining the Gulls in a loan spell towards the end of last season. The youngster made a permanent move to Plainmoor in the summer, despite originally agreeing a new deal which would have seen him back with Sheffield United.



Elliot Benyon

BENYON is now in his second spell at Torquay United having rejoined in February 2013. Began his career at Bristol City before moving to the Gulls in 2007. Finished as United's leading scorer and Player of the Season in 2009-10 and he left to join Swindon in 2011. After a difficult spell at SN1, he secured a loan switch to Wycombe Wanderers. He then signed a permanent deal with Southend in January 2012.



Alan Knill

KNILL was appointed manager in the summer after a spell as interim manager at the end of last term following the departure of former Town favourite, Martin Ling. As a player, Knill turned professional at Southampton and played for Halifax, Swansea, Bury and Cardiff. He began his managerial career with Rotherham before a successful spell at former club Bury and was recently with Scunthorpe before taking the reins at Torquay.

CLUB NEWS

For more news visit the official website:
www.swindontownfc.co.uk

IT'S been a busy last few weeks at SN1. We've seen new faces join up with the STFC coaching staff as well as a training camp overseas...



Coaching staff additions

SWINDON Town are delighted to announce two new additions to the first team coaching staff.

Luke Williams joins as a First Team Coach while Michael Cooper will fulfil the role of Sports Scientist.

32 year-old Williams has spent the last three seasons at Brighton and Hove Albion where he was in charge of the Under 21s and was a coach with the reserve team. He has also been an FA Skills Coach and has worked at Leyton Orient and at West Ham.

Cooper qualified as a Sports Scientist from the University of Hertfordshire, where he spent a year working with Championship side Watford. The 24 year-old then studied for a Masters Degree at Loughborough University where he worked with the University's first team. He also has recent experience of working with a Premier League club.

Tour success

BEFORE the start of the new campaign, the Town squad spent a week in the Algarve on a pre-season training camp. Based on

the southern coast of Portugal, the players were put through their paces by caretaker manager Mark Cooper in temperatures that reached on and over 30 degrees centigrade.

Skipper Darren Ward, Wes Foderingham and Andy Williams all assessed the week away.

"It's always good to get away in pre-season," said Ward. "Getting to know the new players and getting back into some hard training - it's been good. The weather has been nice as well which always helps!"

Foderingham added: "Training has been hard obviously because of the heat. We've done a lot of work with the ball which is good but we've bonded really well and we're all coming together."

Finally, Andy Williams commented: "The lads that have come in are all of a similar age and it's been easier to get together and me and Wardy have also found it easy to integrate with everyone. It's been positive and it's definitely helped to develop us as players but as people as well."



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TONIGHT'S MASCOT



Isabella Sofia Crook

Age: 7

School: St Edmunds Catholic Primary School Calne

Hobbies: Judo, horse riding, watching both football and ice hockey

Favourite Player: Nathan Thompson

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August 2013

Thu 1			
Fri 2	Rehearsal United	A	3:00pm
Sat 3			
Sun 4			
Mon 5			
Tue 6	Torquay United Cup R1	H	7:45pm
Wed 7			
Thu 8			
Fri 9			
Sat 10	Svenage	H	3:00pm
Sun 11			
Mon 12			
Tue 13			
Wed 14			
Thu 15			
Fri 16	Stroudbury Town	A	3:00pm
Sat 17			
Sun 18			
Mon 19			
Tue 20			
Wed 21			
Thu 22			
Fri 23	Gillingham	H	3:00pm
Sat 24			
Sun 25			
Mon 26			
Tue 27	Capital One Cup R2		
Wed 28			
Thu 29			
Fri 30			
Sat 31	Crews Alexandra	H	3:00pm

September 2013

Sun 1			
Mon 2			
Tue 3	Johnston's Farm Trophy R1 (B/F)		
Wed 4			
Thu 5			
Fri 6			
Sat 7	MK Dons	A	3:00pm
Sun 8			
Mon 9			
Tue 10			
Wed 11			
Thu 12			
Fri 13	Weymouth W.	A	3:00pm
Sat 14			
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Fri 20			
Sat 21	Bristol City	H	3:00pm
Sun 22			
Mon 23			
Tue 24	Capital One Cup R3		
Wed 25			
Thu 26			
Fri 27	Repton North End	A	3:00pm
Sat 28			
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Mon 30			

October 2013

Tue 1			
Wed 2			
Thu 3			
Fri 4			
Sat 5	Torrevase Rovers	H	3:00pm
Sun 6			
Mon 7			
Tue 8	Johnston's Farm Trophy R2		
Wed 9			
Thu 10			
Fri 11			
Sat 12	Rehearsal United	A	3:00pm
Sun 13			
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Fri 18	North County	H	7:45pm
Sat 19			
Sun 20			
Mon 21			
Tue 22	Widzell	H	7:45pm
Wed 23			
Thu 24			
Fri 25			
Sat 26	Orcham Athletic	A	3:00pm
Sun 27			
Mon 28			
Tue 29	Capital One Cup R4		
Wed 30			
Thu 31			

November 2013

Fri 1			
Sat 2	Port Vale	H	3:00pm
Sun 3			
Mon 4			
Tue 5			
Wed 6			
Thu 7			
Fri 8			
Sat 9	FA Cup 1		
Sun 10			
Mon 11			
Tue 12	Johnston's Farm Trophy A/F		
Wed 13			
Thu 14			
Fri 15			
Sat 16	Coventry United	A	3:00pm
Sun 17			
Mon 18			
Tue 19	Capital One Cup R5		
Wed 20			
Thu 21			
Fri 22			
Sat 23	Luton Orient	H	3:00pm
Sun 24			
Mon 25			
Tue 26	Coventry Town	A	7:45pm
Wed 27			
Thu 28			
Fri 29			
Sat 30	Carlisle United	H	3:00pm

December 2013

Sun 1			
Mon 2			
Tue 3			
Wed 4			
Thu 5			
Fri 6			
Sat 7	FA Cup 2		
Sun 8			
Mon 9			
Tue 10	Johnston's Farm Trophy A/F		
Wed 11			
Thu 12			
Fri 13			
Sat 14	Sheffied United	A	3:00pm
Sun 15			
Mon 16			
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Thu 19	Capital One Cup R6		
Fri 20			
Sat 21	Coventry City	H	3:00pm
Sun 22			
Mon 23			
Tue 24			
Wed 25			
Thu 26	Barnford	A	3:00pm
Fri 27			
Sat 28			
Sun 29	Barnford City	A	3:00pm
Mon 30			
Tue 31			

January 2014

Wed 1			
Thu 2	Coventry Town	H	3:00pm
Fri 3			
Sat 4	Svenage (F/C)	A	3:00pm
Sun 5			
Mon 6			
Tue 7			
Wed 8	Capital One Cup Semi-Final 1		
Thu 9			
Fri 10			
Sat 11			
Sun 12	Rehearsal United	H	3:00pm
Mon 13			
Tue 14			
Wed 15			
Thu 16			
Fri 17	Gillingham	A	3:00pm
Sat 18			
Sun 19			
Mon 20			
Tue 21			
Wed 22	Capital One Cup Semi-Final 2		
Thu 23			
Fri 24			
Sat 25	Stroudbury Town (F/C)	H	3:00pm
Sun 26			
Mon 27			
Tue 28			
Wed 29			
Thu 30			
Fri 31			

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February 2014

Sun 2	Orcham Athletic	H	3:00pm
Mon 3			
Tue 4	Johnston's Farm Trophy A/F1		
Wed 5			
Thu 6			
Fri 7			
Sat 8	Port Vale	A	3:00pm
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Sat 15	Colchester Utd (F/C)	H	3:00pm
Sun 16			
Mon 17			
Tue 18	Johnston's Farm Trophy A/F2		
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Sat 22	Luton Orient	A	3:00pm
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Fri 28			

March 2014

Sat 1	Crews Alexandra	A	3:00pm
Sun 2	Capital One Cup Final		
Mon 3			
Tue 4			
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Fri 7	MK Dons (F/C)	H	3:00pm
Sun 9			
Mon 10			
Tue 11	Weymouth W.	H	7:45pm
Wed 12			
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Fri 14			
Sat 15	Barnford City	A	3:00pm
Sun 16			
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Tue 18			
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Sat 22	Repton North End	H	3:00pm
Sun 23			
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Tue 25	Torrevase Rovers	A	7:45pm
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Sat 29	Sheffied United	H	3:00pm
Sun 30	Johnston's Farm Trophy Final		
Mon 31			

April 2014

Tue 1			
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Sat 5	Carlisle United	A	3:00pm
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Thu 17	Coventry City	A	3:00pm
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Mon 21	Barnford City	H	3:00pm
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Fri 25	North County	A	3:00pm
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May 2014

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Sun 3	Rehearsal United	H	3:00pm
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July 2014

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(GK) Wes FODERINGHAM	1	●
Nathan THOMPSON	2	●
Nathan BYRNE	3	●
Massimo LUONGO	4	●
Grant HALL	5	●
Tijane FREITAS REIS	6	●
Ryan HARLEY	7	●
Ryan MASON	8	●
Andy WILLIAMS	10	●
Alex PRITCHARD	11	●
Jay McEVELEY	14	●
Yaser KASIM	15	●
Mark FRANCIS	16	●
Connor WALDON	17	●
Alex FERGUSON	18	●
Louis THOMPSON	19	●
Miles STOREY	20	●
Alex SMITH	21	●
(CAPT) Darren WARD	22	●
Jack BARTHAM	23	●
(GK) Tyrell BELFORD	25	●
Aaron OAKLEY	26	●
Harry AGOMBAR	27	●
Raphael ROSSI BRANCO	29	●
(GK) Leigh BEDWELL	30	●
Kayden JACKSON	35	●
Troy Archibald HENVILLE	41	●

Match Officials

Referee:
Andy **D'URSO**

Assistants:
Stephen **FINCH**
Adrian **GILLET**

4th Official:
Richard **MARTIN**



Tonight's R1 fixtures

Barnsley v Souththorpe
Birmingham v Plymouth
Bournemouth v Portsmouth
Brentford v Dag & Red
Brighton v Newport Co
Bristol R v Watford
Bury v Crewe
Cardiff v Blackburn
Charlton v Oxford
Cheltenham v Crawley
Colchester v Peterborough
Doncaster v Rochdale
Exeter v QPR
Gillingham v Bristol C
Huddersfield v Bradford
Leeds v Chesterfield
Leyton Orient v Coventry
Middlesbrough v Accrington
Millwall v AFC Wimbledon
Morecambe v Wolves
Northampton v MK Dons
Nottm Forest v Hartlepool
Notts Co v Fleetwood
Oxford v Derby
Port Vale v Walsall
Rotherham v Sheff Wed
Sheff Utd v Burton
Shrewsbury v Bolton
Southend v Yeovil
Stevenage v Ipswich
Swindon v Torquay
Tranmere v Mansfield
Wcombe v Leicester
York v Burnley

Torquay United

Manager: Alan **KNILL**

● 1	Michael POKE (GK)
● 2	Dale TONGE
● 3	Kevin NICHOLSON
● 4	Aaron DOWNES
● 5	Krystian PEARCE
● 6	Damon LATHROPE
● 7	Lee MANSELL
● 8	Ben HARDING
● 9	Karl HAWLEY
● 10	Billy BODIN
● 11	Courtney CAMERON
● 12	Jordan CHAPELL
● 13	Martin RICE (GK)
● 14	Ashley YEOMAN
● 15	Niall THOMPSON
● 16	Callum BALL
● 20	Nathan CRAIG
● 21	Thomas CRUISE
● 26	Elliot BENYON
● 30	Kirtys MACKENZIE
● 31	Daniel SULLIVAN
● 32	Jake HUTCHINGS
● 33	Conor THOMPSON



Next home fixture, Sky Bet League 1

Swindon Town vs Stevenage 10.08.13

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